

Braums menu nutrition information

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Applebees Menu Prices: You can browse the entire Applebee menu and prices directly from your smartphone or your computer at home. We've added the complete Applebee's Dinner, Lunch, 2 for 25\$, and Kids Menu and an Applebee's Carside To Go menu, listed below. We've also included an entire page with the most recent coupons and specials on The Applebee's Neighborhood Grill and Bar and Bar, which will make the dining experience at Applebee's more affordable also. Be aware that prices can vary from one location to another, due to the differing overhead costs across various states. This menu is refreshed every six months. The Applebees Menu with Prices Size Price BrewPub Pretzels & Beer Cheese Dip \$7.29 Spinach & Artichoke Dip \$7.99 Mozzarella Sticks \$8.29 Double Crunch Bone-In Wings \$10.59 Boneless Wings \$10.49 Chicken Quesadilla \$7.99 The Classic Combo \$14.49 Chips & Salsa \$2.99 Grilled Shrimp Avocado & Grapefruit Salad \$10.99 Grilled Chicken Avocado & Grapefruit Salad \$9.99 Crispy Chicken & Cornbread salad \$10.99 Grilled Chicken & Corn Bread Salad \$9.99 6oz Top Sirloin Served with 2 sides \$14.99 6oz Top Sirloin Served with 2 sides \$11.99 Cedar-Grilled Salmon Served with 2 sides \$13.59 Grilled Chicken Breast Served with 2 sides \$9.99 Double-Glazed Baby-Back Ribs Served with 2 sides \$17.99 Half Rack Double-Glazed Baby-Back Ribs Served with 2 sides \$12.99 Shrimp 'N Parmesan Sirloin Served with 2 sides \$17.99 Bourbon Street Steak Served with 2 sides \$15.29 Bourbon Street Chicken & Shrimp \$12.99 Fiesta Lime Chicken \$11.99 Chicken Tenders Platter \$10.79 Chicken Tenders Basket \$9.29 Grilled Chicken Breast \$9.99 Shrimp Wonton Stir-Fry \$11.49 Oriental Chicken Salad \$10.49 Oriental Grilled Chicken Salad \$10.49 Grilled Chicken Caesar Salad \$10.29 4-Cheese Mac & Cheese with Honey Pepper Chicken Tenders \$12.49 3-Cheese Chicken Cavatappi \$11.99 Double Crunch Shrimp \$12.89 Shrimp Wonton Stir-Fry \$11.49 Hand-Battered Fish & Chips \$12.29 Cedar Grilled Salmon \$13.59 Clubhouse Grille \$10.49 Chicken Fajita Rollup \$9.29 All-Day Brunch Burger \$10.99 Classic Burger \$8.99 Quesadilla Burger \$10.49 Brownie Bites \$1.00 Blue Ribbon Brownie \$5.49 Triple Chocolate Meltdown \$5.79 Hot Fudge Sundae Dessert Shooter \$2.49 Side Green Goddess Wedge Salad \$5.49 Tomato Basil Soup \$3.69 Side Chicken Tortilla Soup \$3.69 Side House Salad \$3.69 Side Caesar Salad \$3.69 Side Crispy Cheddar Bacon Potatoes \$1.99 Side 4 Cheese Mac & Cheese \$2.99 Side Fire-Grilled Veggies \$2.99 Side Garlicky Green Beans \$1.99 Side Garlic Mashed Potatoes \$1.99 Kid One Cheeseburger \$4.99 Kid Cheesy Bread Pizza \$5.99 Kid Grilled Cheese \$4.99 Kid Chicken Tenders \$4.99 Kid Corn Dog \$4.99 Kid Fried Shrimp \$5.99 Kid Macaroni & Cheese \$4.99 Flavored Iced Teas (Mango, Pomegranate, & Kiwi) \$2.89 Flavored Lemonades (Mango, Raspberry, Strawberry, Regular, Kiwi, & Pomegranate) \$2.79 Fountain Drinks \$1.99 Decadent Shakes (Oreo Cookie, Chocolate, Strawberry) Full Size Full Size \$3.29 Decadent Shakes (Salted Caramel, Chocolate Nut Brownie, Oreo, Chocolate, Strawberry, & Vanilla) Shorty Shorty \$2.99 Brewed Iced Tea \$2.79 Sweet Tea \$2.79 Hot Tea \$2.39 Fresh Brewed Coffee \$2.79 Decaf Coffee \$2.79 Gallon Iced Tea \$2.99 Gallon Sweet Tea \$2.99 Chicken Tenders (Appetizer) \$29.99 Boneless Wings \$25.99 Double Crunch Wings \$37.99 Crunchy Onion Rings \$14.99 Fiesta Lime Chicken \$49.99 4-Cheese Mac & Cheese with Honey Pepper Chicken Tenders \$49.99 Chicken Tenders (Entree) \$29.99 Oriental Chicken Salad \$39.99 Oriental Grilled Chicken Salad \$35.99 Grilled Chicken Caesar Salad \$35.99 Caesar Salad \$24.99 Clubhouse Grille \$49.99 Garlic Mashed Potatoes Per Person Per Person \$1.49 Cole Slaw Per Person Per Person \$1.49 Also Check Some Related Post - Applebees Hours of Operation Most Applebee's restaurants are OPEN at these hours Monday 11:00 AM to 12:00 AM Tuesday 11:00 AM to 12:00 AM Wednesday 11:00 AM to 12:00 AM Thursday 11:00 AM to 12:00 AM Friday 11:00 AM to 12:00 AM Saturday 11:00 AM to 1:00 AM Sunday 11:00 AM to 12:00 AM

Applebee's Official Website Click here: Applebee's hours of operation vary depending on the place. Restaurants that are located in shopping malls are typically open and close along during the time of the mall. The Applebee's menu can also be found at www.applebees.com/menu. It's a bit long, as it's 34 pages, and going through them all could require a long time. To simplify things we've put all the menus and prices on one page. Item Price Sizzling Chili Lime Chicken \$9.99 Grilled Dijon Chicken & Portobellos \$9.99 Sizzling Asian Shrimp & Broccoli \$9.99 Roasted Garlic Sirloin \$12.99 Signature Sirloin with Garlic Herb Shrimp \$13.99 Select two meals that are full-sized as well as a shareable appetizer for \$25. Select an appetizer to take home BONELESS WINGS TWO SIDE SALADS (HOUSE OR CAESAR) MOZZARELLA STICKS SPINACH & ARTICHOKE DIP GRILLED CHICKEN WONTON TACOS Then, just choose 2 of these Entrees THREE-CHEESE CHICKEN PENNE ORIENTAL CHICKEN SALAD FIESTA LIME CHICKEN CHICKEN FRESHCADO BOURBON STREET CHICKEN & SHRIMP 7 OZ. HOUSE SIRLOIN QUESADILLA BURGER CHICKEN TENDERS BASKET Wikipedia Link Click here: The menu for lunch at Applebee's, Pick'n'Pair. will be available from Monday through Friday, until 3 pm. Pick any 2 options to create your combination. Item Price Classic + Classic \$6.99 Classic + Signature \$7.99 Signature + Signature \$8.99 There are the lunch menu items that you can pick from. Applebee's Classic Lunch Items Soups Tomato Basil Soup Soup of the Day Salads House (contains bacon) Caesar Spinach (contains bacon) Sandwiches American BLT Chicken Fajita Rollup Lunch Portion Entrées Honey Pepper Chicken Tenders Three-Cheese Chicken Penne Applebee's Signature Lunch Items Soups Chicken Tortilla Soup French Onion Soup Salads Thai Shrimp Salad Fiesta Chicken Chopped Salad Grilled Chicken Caesar Salad Oriental Chicken Salad Sandwiches Clubhouse Grille NEW Kickin Turkey Stacker Lunch Portion Entrées Shrimp Scampi Linguine 4-Cheese Mac & Cheese with Honey Pepper Chicken Tenders In the Applebees Kids Meal, you are able to choose a main meal along with a drink, and a second item from the selection below. For children 12 years old and younger. Items Prices Chicken Tenders \$4.99 Chicken Grillers \$4.99 KRAFT® Macaroni & Cheese \$4.99 Cheese Quesadilla \$4.99 Mini Cheeseburger or Hamburger \$4.99 Cheesy Bread Pizza (1/2) \$4.99 Corn Dog \$4.99 Grilled Cheese Sandwich \$4.99 Larger portions Items Prices Cheesy Grilled Chicken \$6.49 Chicken Mac 'n Cheese \$6.49 Chicken Quesadilla \$6.49 Two Mini Cheeseburgers or Hamburgers \$6.49 Cheesy Bread Pizza (Full) \$6.49 Fried Shrimp \$6.49 4 oz. Sirloin \$6.49 What's the 2 for 20 at Applebee's? Applebee's 2 for 20 menu lets guests choose of two shareable appetizers, a shared appetizer or two full-sized meals that include options such as chicken, steak, pasta and salad. With the latest innovations from Applebee's kitchen guests can now select between more than 200 entree and appetizer choices all at one low price. Applebees Menu Boneless Wings. Double Crunch Bone-In Wings. Brew Pub Pretzels & Beer Cheese Dip. Mozzarella Sticks. Spinach & Artichoke Dip. Applebee's. People that are aged 60 or older can enjoy 10 percent to 15% off at the participating locations. This offer may require the purchase of a Golden Apple Card. "We keep it simple and sweet this month with a spirit our guests love in the \$1 Vodka Strawberry Lemonade, and the great news is that there's an extra day in February to enjoy it." In an economic climate that sees everyone strapping their belts tight, Applebee's brings to the table an all-you-can-eat soup for the weekdays, Salad and Bread lunch for just \$6.99. Customers can now benefit from the specially priced offer that is available from every Monday through Friday from 11AM until 3PM. applebee's menu prices applebees lunch menu with prices applebee menu applebees dinner menu applebee lunch menu applebees menu 2022 applebees lunch menu applebees menu specials 2022 applebee's menu with prices applebees half price apps Updated 2021. Tables will scroll horizontally and vertically on your mobile device. Jump to: FAQs Health Tips: Breakfast An order of biscuits and gravy from Braum's contains more than 1,500 mg of sodium and less than 20 g of protein. Their bacon, egg and cheese biscuit is a healthier option with less than half the sodium and total carbs. To cut even more calories, swap out the biscuit for an english muffin or choose a fruit and yogurt swirl parfait with less than 300 calories. Burgers and Chicken Sandwiches Braum's uses 100% beef for its burgers and all-white meat chicken breasts for its chicken sandwiches. Their 1/4lb cheeseburger contains over 700 calories and more than half the recommended amount of sodium and cholesterol. Choose a 1/6lb burger or a grilled chicken sandwich to reduce your intake of carbs and total fats. Also, pick low-calorie sides like chili and cottage cheese over fries. Salads The Braum's garden salad includes a mix of fresh lettuce, spinach, carrots, red cabbage, cheddar cheese and grape tomatoes. At roughly 250 calories, this salad leaves room in your diet for extra toppings like grilled or crispy chicken. You can also order the strawberry poppyseed chicken salad which has strawberries, blueberries, and pineapple, totaling just over 100 g of total fat. back to top Health Tips: Braum's Ice Cream Most of Braum's premium ice cream flavors have about 300 calories per serving. Their frozen yogurt flavors range from around 150 to 300 calories and have between 15 and 30 g of total sugars. Braum's also offers healthier alternatives like sherbet, sugar-free frozen yogurt and light ice cream options with less than 10 g of fat. back to top back to top back to top back to top back to top back to top back to top back to top back to top back to top back to top About Braum's Braum's Ice Cream and Dairy Store originally began as a butter processing plant in Emporia, Kansas. In 1968, they opened their first store in Oklahoma and sold dairy products, grocery items, and a small selection of made-to-order foods. Today, Braum's is a 3-in-1 grocery store, fast food restaurant and ice cream parlor with over 300 locations across five states. Aside from ice cream cones and sundaes, Braum's menu includes a wide range of American diner foods. Patrons can enjoy burgers, fries, chicken tenders, chicken sandwiches and dinner salads. They also have a breakfast menu offering hotcakes, breakfast burritos, biscuits and gravy, hash browns and bagels.

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